

## Food Service

### Sample Menu

If you wish an exact menu contact the Food Service Director 2 weeks prior to your trip.

	Day One	Day Two	Day Three
<b>Breakfast 8:00</b>	X	Scrambled Eggs Hash Browns Oatmeal and Cold Cereal Fresh Fruit Orange Juice and Milk	Pancakes Bacon Oatmeal and Cold Cereal Fresh Fruit Orange Juice and Milk
<b>Lunch 12:00</b>	Turkey Sub Sandwich Corn Chips Carrots and Ranch Water and Juice Oatmeal Raisin Cookie Veggie Option: Boca Burger	Hot Dogs Tater Tots Peas and Shells Pasta Salad Water and Juice Rice Crispy Treat Veggie Option: Soy Dog	Grilled Cheese Baked Beans Pretzels Fruit Bowls Water and Juice Lemon Bars
<b>Dinner 5:30</b>	Beef Fajitas Sautéed Onions and Peppers Tortillas Spanish Rice Salad Bar Milk and Water Chocolate Cake Veggie Option: Veggie Taco Meat	Chicken Fettuccini Noodles Marinara and Alfredo Sauce Garlic Bread Salad Bar Milk and Water Apple Cobbler Veggie Option: Sautéed Veggies	X

Sometimes it is necessary to reschedule mealtimes to accommodate large groups or unique programs. The Edwards staff will let you know well in advance if this needs to happen. Normal meal times are at **8:00am, 12:00pm, and 5:30pm**. A sack lunch can also be requested to speed up the last day.

### Hoppers

Students learn responsibility by helping out during the meals. These students referred to as Hoppers, arrive 15 minutes before the meal to set the table. If you have assigned seating, choose one or two hoppers from each table to be responsible for the table where they are sitting. During the meal the Hopper gets the food from the kitchen, any refills needed, and helps with the clean up procedure.

### Snacks

Camp can provide daytime / evening snacks for \$1 per person per snack. Snacks available include; Italian Ice, Popcorn, Freezie Pops (.50/pop), Ice Cream Sandwiches, S'Mores, Cookies (2 per person), or Granola Bars. For those who wish you can also bring your snacks for your students.

## Food allergy policies for Camp Edwards

Please inform our foodservice department on the information sheet of the following allergies – peanuts/tree nuts, gluten, dairy, egg, and if there are any vegetarians or any other specific dietary requirements. Give the name of the child and the specific allergy he or she has, the names of the vegetarians, and we will provide a substitute at mealtimes.

We can provide meal substitutions for:

- Gluten free
- Dairy free
- Egg free
- Peanut/treenut free
- Vegetarians

We cannot provide substitutes for multiple allergies (gluten and dairy, for instance, or any other combination) as well as kosher food, vegan food, or soy allergies.

For all other food allergies or dietary requests, please contact the foodservice director.

Since all of our food is nut free, nuts are not counted as a multiple allergy (we can provide food for a child with nut and egg allergies, for instance)

For parents sending food for children with allergies – please put all food in a zip-top bag, or a snap-top container with the child's name written on each item with a permanent marker. We can provide shelf space and/or cooler space as needed.

### How we handle nuts here at Camp Edwards

If a product contains nuts, nut oils, or has the wording "may contain nuts," we will not serve it for any meals or desserts served in the main dining hall.

If a product does not contain nuts, but has a "disclaimer" such as: **"this product is processed in a facility that also produces items containing nuts"** – WE WILL SERVE IT.

We discourage guests from bringing nut products into the dining hall at all times.

Our camp store, The Trading Post, is located on our grounds in a separate building that does sell snacks and ice cream that may contain nuts.

If you have any questions about this policy please contact the food service director, Fred Triebe at [ftriebe@campedwards.org](mailto:ftriebe@campedwards.org) or (262) 642-7466 x203