Suggested Clothing and Equipment List

Most of our classes are conducted outdoors, and proper clothing is essential for the students enjoyment of the experience. **This is a basic list designed for a three day trip during any season. The list may require modifications based on the time of year and the length of the trip.** Please bring warmer clothing (Winter coat, warm boots, wool / thermal socks, long underwear, gloves, and a hat) during the Fall, Winter, or early Spring.

**Very Important Items:**
- 1 Rain Coat
- 1 Winter Coat (mid-October to mid-May)
- 1 Sweatshirt
- 1 wool sweater or fleece jacket
- 1 hat (sun or warmth)
- 1 pair of waterproof boots
- 1 pair of comfortable **broken in** shoes (sneakers, hiking boots, etc.)
- 2 Shirts
- 2 pairs of jeans or long pants
- 2 sets of underwear
- 4 pairs of socks
- 1 pair of pajamas
- 1 towel
- 1 sleeping bag or blanket roll (2 sheets and comforter)
- Flashlight
- Toiletries (soap, shampoo, deodorant, toothbrush, toothpaste)
- Insect repellant (cream or lotion preferred)
- Plastic bag for wet or dirty clothes
- Sunscreen
- Water bottle

**Optional Items:**
- Journal
- Fitted twin sheet
- Disposable camera
- Pillow
- Book to read
- $20 for Trading Post

**Do NOT Bring the Following:**
- Food, Candy, or Gum
- Knives or other weapons
- Electronic Games
- Lighters or matches
- Ipods, MP3 players
- Cell Phones

Any items that the students brings to Camp Edwards has the chance to be misplaced, lost, or broken. **Please do not send the students with any brand new clothing for that reason. Camp Edwards is not responsible for any lost, broken, or damaged property.**